

Yoon's Martial Arts Academy
El Paso, Texas

Hap Ki Do

Hap Ki Do is a form of Martial Art based on the Oriental philosophy called Um-Yang which is deeply rooted in Korean history. Hap Ki Do is one of the world's most versatile martial arts. With about 5,000 techniques known, it consists of joint locks, pressure points, throws, a wide variety of strikes, weapons and martial concepts. Upon mastering the art you will achieve the skills and confidence necessary to defend yourself from all angles and positions of attack and or resolve potentially violent attacks or conflict with minimal or no

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Hap Ki Do is distinguished by three essential techniques: Passability when opposing force, countering and attacking with circular movements and absolute penetration of an opponent's defenses. Hap Ki Do is a selective combination of several martial arts systems:

From Soo Bahk Do - lethal power

From Judo - smooth leverage

From Northern Kung Fu - internal and external power (Chi)



The Martial Arts that will be taught in this class is the legacy of the Korean Royal Court. Master Stephan Yang received his license from the Korea Hap Ki Do Association, Seoul, Korea, from Supreme Grand Master Byung Ock in 1973.

History of Korean Hap Ki Do and Yoon's Martial Arts

In order to understand the full meaning of "Hap Ki Do" and the Yoon's Martial Arts Federation you must look more closely into the rich history of Korea.

The foundation of the Korean Royal Court Martial Arts System was developed during two thousand years of Korean history. It was originally a training regimen for the knights of the ancient three-kingdom era (Paekche Dynasty - 18 BC, Koguryo Dynasty - 37 BC and the Silla Dynasty - 57 BC). Open handed fighting styles were used extensively during the examination of military officers. In the tenth century, the Silla Dynasty was overthrown by the warlord Wang Kon (918-935AD). The new kingdom was called KOR-YO which is what we call Korea today. During the YI (CHOSON) Dynasty (1392-1907 AD) martial arts training varied with the tastes of the

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current ruling family. Near the end of the Yi Dynasty many effective kicking techniques were incorporated with the openhanded fighting techniques.

Japanese Occupation

1907 marked the end of the Yi Dynasty and the beginning of the Japanese occupation which was to last until 1945. During this period, all dimensions of Korean traditional cultural expression were prohibited. Much of the Korean culture was supplanted by the occupation. The resident general banned the practice of martial arts by the many imprisoned patriots. Some patriotic young men secretly visited Buddhist temples in remote mountain and rural areas to learn martial arts and to organize underground revolutionary groups. At the same time, a very small group of the royal family passed traditional martial arts from one generation to the next. Some of these individuals joined with underground organizations.

Korean Royal Court Hap Ki Do System

The Yoon's Royal Court Martial Arts that is taught in this class is the legacy of the Korean Royal Court System. This form was not made public until after the Japanese surrender that ended World War II. Supreme Grand Master Byung Ock (Edward) Yoon is a royal court member of Korea and was teaching in 1953. The Yoon family was practicing within the Korean royal court system, officially known as "Ho Shin Do". In 1958, Grand Master Ji, Han Jae came to the Ho Shin Do Headquarters to negotiate a compromise to create an association. The result was an association between Yoon's "Ho Shin Do" and Ji's "Ki Do" (Choi Yong Sul system) officially named the "Korea Hap Ki Do Association". Nevertheless, the two schools and system remain independent systems. Supreme Grand Master Yoon emigrated to Calgary, Canada in 1975 and established Yoon's Royal Court Martial Arts School which is still active.

Yoon's Royal Court Martial Arts Academy

- Only certified Korean Royal Court Hap Ki Do Academy in U.S.
- Stephen Yang: Only certified Master under this system in U.S.
- Student of Tang Soo Do Founder Grand Master Kwang Kee & HC Hwang
- Under Authority of Supreme Grand Master Byung Ock (Edward) Yoon
- Not to be confused with any other group that carries the name "Hap Ki Do"

